

ಮೊದರ್ನ್ ಎಜ್ಜುಕೇಶನ್ ಸೊಸೈಟಿಯ ಎಂ.ಎಂ. ಕಲಾ ಮತ್ತು ವಿಜ್ಞಾನ ಮಹಾವಿದ್ಯಾಲಯ, ಶಿರಸಿ ಉತ್ತರ ಕನ್ನಡ.
ಯು.ಜಿ.ಸಿ.ಮತ್ತು ಎಂ.ಇ.ಎಸ್. ಸಹಭಾಗಿತ್ವದ ಕ್ರೀಡಾ ಸಂಕೀರ್ಣ.
SPORTS COMPLEX

***MES M.M. ARTS AND
SCIENCE COLLEGE, SIRSI.
Physical Education
Department***

PHYSICAL EDUCATION

Physical Education programs help all students
develop health

related fitness, physical competence, cognitive
understanding, and positive attitudes
about physical activity, so that they can adopt
healthy and physically active lifestyles.

Mr. Prashant Devadiga

Physical Director

Why is Physical Education Important?

Brain research clearly suggests:

- that sensory and motor experiences are imperative to reinforcing and strengthening brain connections.
- Physical Education improves academic performance.



PHYSICAL EDUCATION COMMITTEE

- **Prof. M.K. Hegde** - **Convener**
- **Shri. Prashant Devadiga** - **Member**
- **Shri. Pavan Hegde** - **Member**
- **Shri. Manjunath Naik** - **Member**
- **Shri. Mahaveer Shetty** - **Member**

UNIVERSITY BLUES 2018-19

NAME	CLASS	GAME	VENUE
Kousik N Bhagwat	B.Sc-II	BBT	Yogi Women Kadapa
Naveen Poojari	B.Sc-I	BBT	Yogi Women Kadapa
Sudarshan B Hegde	B.Sc-II	CHESS	Manipal University

UNIVERSITY BLUES 2019-20

NAME	CLASS	GAME	VENUE
Reshma P Shet	B.sc II	Chess	Andhra University, Vaishakpattana
Shashank R Bhat	M. Sc.	BBT	Manglore University
Samarth Bhat	B.A. I	BBT	Manglore University

UNIVERSITY BLUES 2021-22

NAME	CLASS	GAME	VENUE
Shriraksha R Naik	B.Sc I	BBT	S.R.M. University, Kattankulatur University
Prajna MTeti	B.Sc I	BBT	S.R.M. University, Kattankulatur University
Nisaraga L Koti	B.Sc I	BBT	S.R.M. University, Kattankulatur University
Sambrama M.	B.A. II	BBT	S.R.M. University, Kattankulatur University
Samarth Bhat	B.A. III	BBT	Andhra University, Vaishakpattana
Akshay Goakrna	B.Sc II	BBT	Andhra University, Vaishakpattana

UNIVERSITY BLUES 2022-23

NAME	CLASS	GAME	VENUE
Shriraksha R Naik	B.Sc II	BBT	B.S. Abdhur Rehaman Tamilnadu University
Prajna M Teti	B.Sc II	BBT	B.S. Abdhur Rehaman Tamilnadu University
Nisaraga L Koti	B.Sc II	BBT	B.S. Abdhur Rehaman Tamilnadu University
Abhishek N. Jadar	B.Sc III	BBT	S.R.M. University, Kattankulatur University
Vijetha Joshi	B.Sc I	Chess	S.R.M. University, Kattankulatur University

INDIVIDUAL ACHIVEMENTS

NAME	DETAILS OF ACHIEVEMENTS
Chandana Nayak	Gold Medal in Hammer Throw in the Karnataka University athletic meet for the year 2018-19.
Chandana Nayak	Bronze Medal in Hammer Throw in the Karnataka University athletic meet for the year 2019-20.
Sathwika G.S.	Silver Medal in Kharate Championship in the Karnataka University for the year 2022-23.

GROUP GAME ACHIVEMENT

Name of Game	Year	PLACE
Ball Badminton Women Team	2021-22 2022-23	1st place at the Single zone Inter College Level 1st place at the Single zone Inter College Level
Ball Badminton Men Team	2018-19	1st place at the Single zone Inter College Level
Chess Men Team	2019-20	3rd place at the Single zone Inter College Level
Table Tennis Men Team	2019-20	1st place at the Third zone Inter College Level 1st place at the Inter Zone College Level
Chess Women Team	2019-20	2nd place at the Third zone Inter College Level

2018-19 SHIGAON BBT TOURNAMENT WINNER



2018-19 ZONELS INTER ZONLES TOURNAMENT WINNER



2018-19 ZONELS INTER ZONLES CHESS TOURNAMENT WINNER



Physical Department Organization Bhagvath Geeta Abhiyana



2022-23 BBT BLUE



2022-23 BBT Winner Team



District Level M.E.S Trophy 2022



1st Place in BBT 2022-23



2ND Place in Karate Championship



University Women Blues 2021-22

